

Sewing Program

The program introduces children to the art of sewing through hands-on, age-appropriate experiences that encourage focus, patience, and problem-solving. Using child-safe materials such as plastic needles, large threading holes, felt, and fabric offcuts, children explore the joy of making something with their own hands — from simple stitches to creating small projects they can proudly take home.

Learning Through Creativity

Sewing offers rich learning opportunities linked to the Victorian Early Years Learning and Development Framework (VEYLDF), supporting:

- Fine motor skills through threading, pinching, and hand-eye coordination.
- Cognitive development as children plan, sequencing, and follow steps.
- Emotional regulation and persistence as they focus on completing a task.
- Creative expression and storytelling through design and pattern-making.

Sustainability and Connection

The Sewing Program also connects to our sustainability goals, with many materials sourced from recycled fabrics and community donations. This reinforces the importance of reusing and repurposing, helping children understand how creativity can support environmental care.

Through these experiences, children not only build essential pre-writing and concentration skills but also develop confidence, independence, and pride in their abilities.